

Announcements

Special Events Coming in September:

- World Smile Day- October 2nd
- John Lennon's Birthday- October 9th
- National I Love Lucy Day- October 15th
- National Pumpkin Cheesecake Day- Oct 21st
- National Boston Cream Pie Day- October 23rd
- National Pretzel Day- October 26th
- Halloween Fun- October 30th

If you enjoy the show "Lawrence Welk" remember to tune in to channel 11 on Sunday evenings at 6:00pm!



We enjoyed doing the Afternoon Movie last month, and would like to continue! This month we will be watching a Halloween themed movie called "Hotel Transylvania!" It's an adorable "monster" cartoon movie! If you would like to attend, please sign up on the bulletin board in the hallway. We will also be having a yummy snack!

Dear Loved Ones,
Flu season is quickly approaching! Please keep an eye out for the annual flu shot letter and consent form that needs to be filled out and returned to the facility. Right Dose will be coming soon to administer shots for our residents. Thank you!



Story County Medical Center
An Affiliate of UnityPoint Health

August Activities

Small group activities have been going very well! We will continue to have them throughout October as well. Please see the calendar for newly added small group activities and their locations! These include the following: Jeopardy, Cooking Club, Come Chat With Us, Devotions, Manicures, Trivia, Bowling, Sing-a-long, Movie, Wheel of Fortune, and of course our Friday carts!

- Second Floor will have Bingo on Tuesday afternoons.
- First floor will have Bingo on Wednesday afternoons.
- We will be having Hallway Fitness every Tuesday and Wednesday morning!
- Manicures will be on Monday's in the dining room.
- Join us in the basement boardroom on Wednesday mornings for some social time!

It is very important to stay active and moving throughout this time! Daily walks or "tootles" throughout the hallways will keep your legs strong! On Tuesday and Wednesday mornings at 10:00 am, come on out to your doorway to do some hallway fitness with Marti and Libby! And make sure you are heading down to see our friends Nora and Ronda if you're set up with a Restorative Program!

Friday, October 2nd:
World Smile Day! Come on out to the hallway to celebrate our two October birthdays and enjoy a yummy treat!

Friday, October 9th:
John Lennon's Birthday! Come on out to do some trivia and enjoy a snack!

Friday, October 16th:
It's time for Happy Hour! Come grab a stiff drink out in the hallway and holler at your friends!

Friday, October 23rd:
National Boston Cream Pie Day! We will be handing out slices in the halls at 3:00 pm!

Important Dates:

Devotions will now be on Thursday mornings at 9:30 am in the basement boardroom.

The Sing-a-Long will be in the Chapel on the 19th!

Cooking Club is on Tuesday mornings at 10:30 am.



October 2nd is World Smile Day!

October 15th is I Love Lucy Day!

October 31st is Halloween!!



Vivian Wilkening
October 6th

Max Dobson
October 31st



Bud



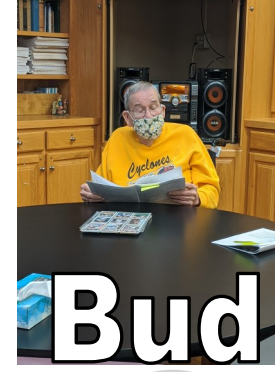
George



Don



Doris



Bud

We enjoyed flipping through some old baseball cards and admiring old baseball player figurines! Almost everyone was able to name Babe Ruth without hesitation! Such a fun morning reminiscing!



Bud



Sharon



Ruth



Doris



Marj



Jo



Jerry



Larry



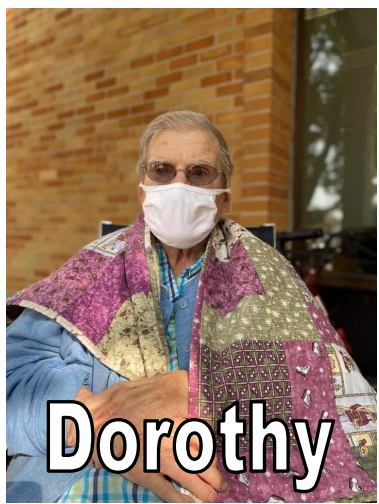
Vesta



Everett

We celebrated our six wonderful September birthdays while enjoying some delicious cheesecake!





Dorothy



Wes



George



Sue & Marj



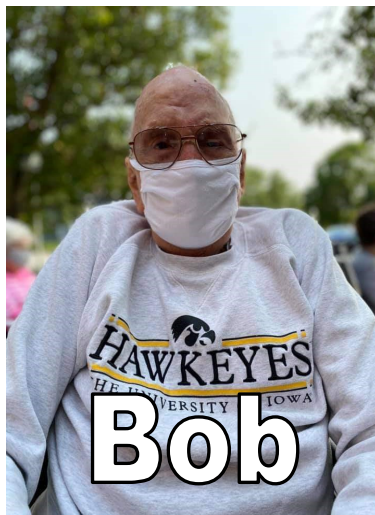
Imy



Barb



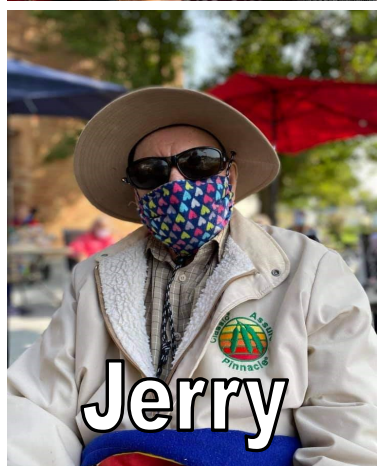
Sharon



Bob



Darlene



Jerry

The Wierson's are our favorite father-son duo! They came on a beautiful, crisp fall day and sang some good oldies that took us back! It was good to see them again!



Ruth



Pat



Rita



Raymond



Bordy

National Cinnamon Raisin Bread Day was on September 16th, and we sure enjoyed it for a mid afternoon snack! Did you know, each American consumes, on average, 53 pounds of bread per year?



Ester



Everett



Carol

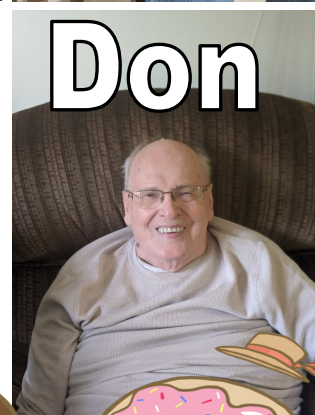


Raymond

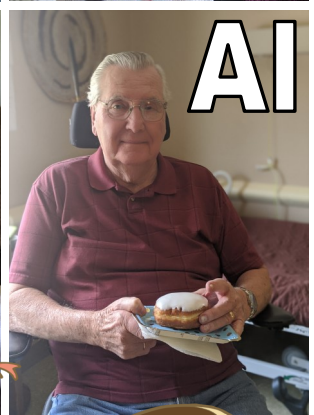
DONUT WORRY BE HAPPY



Jo



Don



Al

An excuse to eat donuts?! You bet we were all over it! Celebrated National Cream-Filled Donut Day with some DELICIOUS ones from Hyvee!





Vesta

Joyce

Doris

Larry



Max

Vivian

Bev

Banana Splits for the Win!



Vivian

Don

National Cheeseburger Day!

Edie

Guy

Janice

Everett



Marilyn

Marj

Pearl

Bud

Balloon Volleyball!

Doris

Dorothy

Don

Norma



AI

Jerry

Raymond

Marilyn

Happy Hour!

Ruth & Spencer

Max