

Announcements



We want to keep all of our residents, volunteers, staff, and family members flu free and healthy this flu season! So please ensure you wash your hands, cover your coughs, and drink lots of water!

We hope all family members will be able to join us for our Family Soup Supper on November 6th! Social time will begin at 5:30 pm and supper will be served at 6:00 pm!

Our lost and found closet is getting pretty full! If your loved one is missing any item of clothing please come down to the laundry area and take a look inside the closet and claim what's theirs!

BRRRRRRR!

The cold weather has begun to sneak in on us this year! We've already gotten snow! We encourage all family members to bring in winter coats, hats, gloves, and appropriate clothing for their loved ones! Thank you and stay warm!



Story County Medical Center
An Affiliate of UnityPoint Health



November Activities

November 1st: We will be celebrating our five November birthdays with the K&L Duo!

November 4th: Join us for a fun game of Early Bird Bingo!

November 6th: Look for the sign up sheet in the hallway to go on a bus tour of the Ledges!

November 7th: The Blank Park Zoo will be here with some fun critters!

November 8th: First floor Lunch Bunch! Look for the sign up sheet in the hallway to go to Texas Roadhouse!

November 11th: Please join us in honoring our Veterans for Veteran's Day!

November 12th: Come tell us what is going well, not so well, and any suggestions you may have during Resident Council!

November 14th: Come bowling with us at 1:30 pm!

November 15th: Our friend Ken Hawcott will be here to offer massages!

November 18th: Our furry friends will be here to visit for Pet Visits!

November 20th: Our friend Denise will be here in the afternoon to do Quilt Block Coloring!

November 21st: Our tiny friends from Central Elementary will be here to hang out with us!

November 22nd: Second floor Lunch Bunch! Look for the sign up sheet in the hallway to go to Texas Roadhouse!

November 25th: The season is fast approaching! Join us in the morning to start your Christmas Cards!

November 27th: Look for the sign up sheet in the hallway for Dinner and a Movie! We will be watching "Old Yeller" and enjoying Panera Take Out!

November 29th: Come have a drink and enjoy some social time during Happy Hour!

Reading with Vivian is every Thursday morning at 10:00 am!

Men's Coffee is the first and third Thursday of the month!

Fitness Fun is on Mondays, Tuesdays, Wednesdays, and Fridays!



Daylight savings time ends on November 3rd!

Veterans Day is November 11th!

Thanksgiving Day is November 28th!

HAPPY BIRTHDAY to you!

Rita Redder
November 8th

Dorothy Thompson
November 15th

Joyce Swanson
November 23rd

Don Hahn
November 28th

Janice Lawler
November 30th

Our monthly birthday party will be on Friday, November 1st! Everyone is invited to come sing a long, eat some birthday cake, and help celebrate our five November birthdays! Special thanks to St. Croix Hospice for supplying birthday balloons, and to various volunteers for making the delicious birthday cake!

November Church Schedule

Bible Study is every **Friday** morning with Tom

November 3rd: Church with Tom Lee

November 6th: Devotions with Brenda Hobson

November 10th: Church with Monty Woodward

November 13th: Devotions with Libby

November 14th: Catholic Mass

November 14th: Lutheran Communion

November 17th: Church with Monty Woodward

November 20th: Devotions with Memorial Lutheran

November 20th: Methodist Communion

November 24th: Church with Pat Dice

November 27th: Devotions with Libby

Pumpkins!



Oh my 'gourd', look how cute these pumpkins are hard at work! Carving and painting our pumpkins was a blast!





Every month, we take both floors out to eat! In November we will be going out to Texas Roadhouse! First floor will be going November 8th, and second floor will be going November 22nd! Look for the sign up sheet in the hallway!

Lunch Bunch

Cooking Club



Every Tuesday morning at 10:30 am we have Cooking Club! We make desserts, pizza, and much more! All residents are invited to come make a nice treat, and of course, eat it afterwards!



Once a month we have dinner and a movie night down in the boardroom! Look for the signup sheet in the hallway for November 27th! We will be watching "Old Yeller" and enjoying Panera take out!

Dinner & Movie

Fitness Fun



We encourage all residents to participate in Fitness Fun! We do simple stretches, play fun games, and get a good work out in! Join us Mondays and Fridays at 11:00 am, Tuesday's at 10:00 am, and Wednesday's at 10:30 am!



Christmas Cards!

The Christmas Season is fast approaching, so on November 25th, we will begin making some beautiful Christmas Cards! Everyone is invited to come make some for their family, friends, or staff!

Pet Visits

Once a month our wonderful furry friends come pay us a visit! They love cuddling, playing, and getting kisses! They will be around for room visits on Monday, November 18th!



Halloween Parade

This year's Halloween Parade was awesome! It was a one-of-a-kind Halloween with us getting snow the night before! First floor did an adorable Candy Land theme, and second floor did a fun glow in the dark theme! Our residents enjoyed seeing all the costumes "parade" down the hallways and passing out candy! Our residents even had costumes of their own! Thank you to ALL of our wonderful staff for pitching in on decorating, to everyone who donated candy, and to everyone for helping our residents have a fantastic evening! This night wouldn't be possible without everyone's help!



Featured Musical Entertainment for the Month

November 1st	K&L Duo	3:00 pm
November 8th	Loring Sing-A-Long	3:00 pm
November 11th	Dave Gray	9:30 am
November 13th	Sing-A-Long	3:00 pm
November 21st	Ron Burgess	3:00 pm
November 23rd	Murt & Jerry	10:30 am
November 27th	Neil Hewitt	3:00 pm

