# Announcements

Coming up in August is our annual "State Fair Day!" We encourage all residents, friends, family, volunteers, and staff to come enjoy the animals and treats on August 16th!

Thank you to all the men and women who have served, are serving, and will serve our country!

With beautiful, sunny summer days here, we encourage residents to sit outside and get some fresh air! As a reminder, residents must remember to check out with the nurse before heading out to the porch! And please remember to use sunscreen, hats, and sunglasses to protect yourselves from the sun!



Coming up in September, Story County Senior Care will be venturing out to the Senior Olympics! Residents who would like to participate in the Olympics are encouraged to talk to Marti or Libby about signing up! We will begin "practices" in August!

toryCounty Medical













July 1st: Join us in the 2nd floor dining room for a game of **E**arly Bird Bingo! July 3rd: Come on up to second floor to do a Fourth of July Craft! July 4th: Go sit on the front patio to watch the 4th of July parade! July 5th: We will be celebrating our July birthdays in the second floor dining room! July 9th: Join us for resident council to tell us what is going well, not so well, and any suggestions you may have.

July 10th: Look for the sign up sheet in the hallway to come down to 'Dinner & a Movie!' This month we'll be watching "The Fault in our Stars" and enjoying taco salads!

July 11th: First floor will be having a picnic on the porch! We encourage all first floor residents to come out! (Weather permitting) July 12th: Come enjoy a drink with us at happy hour! July 17th: Join us for ice cream on the porch! July 22nd: We will be having a 'Sunrise Social' in the second floor dining room!

July 24th: Look for the sign up sheet in the hallway to go shopping at Ben Franklin here in Nevada! July 25th: Second floor will be having a picnic on the porch! We encourage all second floor residents to come out! At 3:00 pm we will be playing a fun game of Word Power!

July 29th: Come on up to second floor dining room for some Trivia and Treats! July 31st: Our furry friends will be here for Pet Therapy on National Mutt Day!

Reading with Vivian is every Thursday morning at 10:00 am!

Men's Coffee is the first and third Thursday of the month!

Fitness Fun is on Mondays, Tuesdays, Wednesdays, and Fridays!



The 4th of July is on the first Thursday!

National Mutt Day is July 31st!





Our monthly birthday party will be on Friday, July 5th! Everyone is invited to come sing a long, eat some birthday cake, and help celebrate our two July birthdays! Special thanks to St. Croix **Hospice for supplying** birthday balloons, and to various volunteers for making the delicious birthday cake!









## July Church Schedule

Bible Study is every Friday morning with Tom July 3rd: Devotions with Marti July 7th: Church with Tom Lee July 11th: Methodist Communion July 14th: Church with Monty Woodward July 17th: Devotions with Libby July 18th: Lutheran Communion July 21st: Church with Pat Dice July 24th: Devotions with Memorial Lutheran July 25th: Catholic Mass July 28th: Church with Pat Dice July 31st: Devotions with John Molacek



We have cooking club every Tuesday morning at 10:30 am in the second floor 'kitchenette' All residents are invited to come make a treat!







#### Featured Musical Entertainment for the Month

July 5th	K&L Duo	3:00 pm
July 10th	Rural Edition	3:00 pm
July 13th	John S.	10:30 am
July 18th	'Old Spice'	3:30 pm
July 19th	Luke Farland	3:00 pm
July 26th	'4 OneQuartet'	3:00 pm
July 30th	Royce Johns	3:00 pm









Thank you to the Ames Car Club for bringing their classic cars for us to check out for Father's Day! Residents were encouraged to come out, check out the cars, vote for their top four favorites, and enjoy a refreshing beverage!



**On the Fourth of July** head on out to the front porch and face 6th street to enjoy the 4th of July **Parade! Residents are** encouraged to be out there a little before 10:00 am to watch the parade! **Residents are reminded** to check out with nursing staff before heading outside! Happy 4th of July!!

We will be going on a shopping outing to Ben Franklin on Wednesday, July 24th! Look for the sign up sheet in the hallway if you'd like to go!

On Wednesday, July 17th, the local "lee Gream Man" will be here to pay us a visit! Come on out to the front patio at 3:00 pm to get yourself a tasty treat!

**Events** 

 $\mathbf{TO} \mid \mathbf{OO} \mid$ 



We encourage all residents to participate in Fitness Fun! We do simple stretches, play fun games, and get a good work out in! Join us Mondays and Fridays at 11:00 am, Tuesday's at 10:00 am, and Wednesday's at 10:30 am!

July 31st is National Mutt Day! We will be celebrating by bringing in a couple "mutts" of our own to visit with the residents! They will be coming around for room visits in the afternoon!



Once a month we have dinner and a movie night down in the boardroom! Look for the signup sheet in the hallway for July 10th! We will be watching "The Fault in Our Stars" and eating taco salads!

### Dinner Movie



