

# Announcements

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**We want to keep all of our residents, family members, volunteers, and staff flu free and healthy this season! So please ensure you wash your hands, cover your coughs, and drink lots of water!**

In hopes of being prepared for the weather, and with a busy holiday season upon us, in December we will not be doing a lunch bunch. Instead we will be doing a “Lunch and a Movie” program! We will be watching the new Lion King and enjoying Casey’s Pizza!

*We now have a “Grievance Box” available for residents and family members to voice concerns that need to be addressed. This box is located on the front desk. Comments will remain anonymous. We still encourage residents to also address their concerns with any staff they feel comfortable with.*

The gift shop is having a holiday open house on Thursday, December 5th, from 10:00 am- 4:00 pm! Come by for some “goodies” and check out our sale— 10% off EVERYTHING in the shop (except candy) for one day only! Hope to see you there!

# December



Story County  
Medical  
CENTER  
An Affiliate of UnityPoint Health



# December Activities

**December 2nd:** Join us for a fun round of Early Bird Bingo!

**December 4th:** Dinner and a Movie! This month we will be watching "Home Alone" and enjoying Subway!

**December 5th:** Look for the sign up sheet in the hallway to go shopping at Walmart!

**December 6th:** Please join us in the afternoon as we remember our friends we've lost during the Memorial Service.

**December 8th:** The Boy Scouts will be here to sing Christmas Carols down the hallways!

**December 9th:** Come on up to create some "old fashioned" Christmas decorations with us!

**December 10th:** Come tell us what is going well, not so well, and any suggestions you may have during Resident Council.

**December 11th:** Look for the sign up sheet in the hallway to go on a bus trip and admire all the wonderful Christmas lights the community has put up!

**December 12th:** The elementary kids will be here to spend some time with us!

**December 12th:** Look for the sign up sheet for Lunch and a movie! We will be watching the new "Lion King" While we enjoy Casey's Pizza!

**December 13th:** Come have a drink during Happy Hour and listen to the Songbirds!

**December 16th:** Our furry friends will be coming around during Pet Visits!

**December 18th:** Join us for some delicious treats and test your Christmas knowledge with some trivia!

**December 19th:** We encourage all residents and their family members to join us for the 2019 Christmas Party!!

**December 20th:** We will be celebrating our December birthdays!

**December 23rd:** Join us while we sip on hot chocolate and listen to Christmas Stories.

**December 27th:** Our friends from Main Street Dance Studio will be here to put on their recital for us!

**December 30th:** We will be creating some edible Christmas Trees!

**December 31st:** Come hang out with us for the New Years Eve Party!

**Reading with Vivian** is every Thursday morning at 10:00 am!

**Men's Coffee** is the first and third Thursday of the month!

**Fitness Fun** is on Mondays, Tuesdays, Wednesdays, and Fridays!



**Pearl Harbor Remembrance Day** is on December 7th!

**Christmas Day** is on December 25th!

**New Years Eve** is on December 31st!



**Ina Ward**  
December 15th

**Norma Ihle**  
December 24th

**Carol Avey**  
December 25th

**Ilene Freeman**  
December 26th



Our monthly birthday party will be on Friday, December 20th! Everyone is invited to come sing a long, eat some birthday cake, and help celebrate our four December birthdays! Special thanks to St. Croix Hospice for supplying birthday balloons, and to various volunteers for making the delicious birthday cake!

# December Church Schedule

Bible Study is every **Friday** morning with Tom

**December 1st:** Church Service with Tom Lee

**December 4th:** Devotions with Memorial Lutheran

**December 4th:** Methodist Communion

**December 8th:** Church with Pat Dice

**December 11th:** Devotions with Brenda Hobson

**December 12th:** Lutheran Communion

**December 15th:** Church with Monty Woodward

**December 18th:** Devotions with Libby

**December 18th:** Catholic Mass

**December 22nd:** Church with Monty Woodward

**December 29th:** Church with Pat Dice

# The Ledges

We had a wonderful outing, driving through the Ledges! We had a bus full of giggles when we drove through the water! Afterwards, we shot over to Boone, got some ice cream, and made our way over to Mamie Eisenhower's house! The residents had such a wonderful time!





# Fitness Fun

We encourage all residents to participate in Fitness Fun! We do simple stretches, play fun games, and get a good work out in! Join us Mondays and Fridays at 11:00 am, Tuesdays at 10:00 am, and Wednesdays at 10:30 am!

# Blank Park Zoo!



# Pet Visits

Once a month our wonderful furry friends come pay us a visit! They love cuddling, playing, and getting kisses! They will be around for room visits on Monday, December 16th!



Once a month we have dinner and a movie night down in the boardroom! Look for the signup sheet in the hallway for December 4th! We will be watching "Home Alone" and enjoying Subway!

# Dinner & Movie



Thank you to our friends at the Blank Park Zoo for coming over here to show us a few of their many critters! They started with THEE softest black bunny, followed by a chunky bull frog, then out snuck a walking stick, and they ended with a room full of gasps when they pulled out a nine foot Boa Constrictor!



# VETERANS DAY

We had the honor of recognizing the ten Veterans that reside here in our home, at Senior Care. The program began with our three friends from St. Croix Hospice. Megan shared some wonderful poems, Jim directly thanked each veteran, and Ling lead us in singing several songs honoring our Veterans. Thank you to dietary for providing fresh fruit, and to Marti's Aunt for making delicious Kringla. We ended our program with wonderful music by Dave Gray.



# Music Therapy

We have a special Musical Therapy program that goes on twice a month! Our beautiful friend Ling Hsiao, from St. Croix Hospice, comes in and sings songs and plays instruments with a select group of residents! It is so much fun to watch this group come alive when she sings with them!



## Featured Musical Entertainment for the Month

December 3rd	Neil Hewitt	3:00 pm
December 7th	Blue Stem Bellow Band	10:30 am
December 8th	Boy Scout Caroling	1:30 pm
December 13th	Song Birds	3:00 pm
December 19th	The Wierson's	1:30 pm
December 20th	The K&L Duo	3:00 pm
December 26th	Dave Swenson	3:00 pm
December 27th	"Name That Tune"	3:00 pm
December 30th	Sandy Clark	3:00 pm

