

Announcements

Please ensure you continue to wash your hands, cover your coughs, wear your masks, and drink plenty of water!



Dear Residents,
Even though it seems COVID is a "thing of the past," it is still around. Due to this, residents are required to wear masks while traveling in the hallways, where you will encounter some who are not vaccinated. Once you are in the dining rooms, your bedrooms, or restorative, you may remove your masks. Masks can be located at the nurses stations, we encourage you to replace your mask every day. We know this is frustrating, but it is a safety protocol. Thank you for your patience with us!



Restorative Hours:

Mondays: 5:30 am- 6:45 am
8:00 am- 9:45 am

Closed for Fitness Fun

10:45 am- 11:30 am
12:30 pm- 1:30 pm

Tuesdays: 5:30 am- 6:45 am
8:00 am- 11:30 am
12:30 pm- 1:30 pm

Wednesdays: 5:30 am- 6:45 am
8:00 am- 9:45 am

Closed for Fitness Fun

10:45 am- 11:00 am
12:30 pm- 1:30 pm

Thursday: 5:30 am- 6:45 am
8:00 am- 11:30 am
12:30 pm- 1:30 pm

Friday: 5:30 am- 6:45 am
8:30 am- 10:15 am

Closed for Fitness Fun

11:00 am- 11:30 am
12:30 pm- 1:30 pm



Story County
Medical
CENTER
An Affiliate of UnityPoint Health



Important Dates:

Fitness fun is Mondays, Wednesdays, and Fridays!

Manicures are every Monday afternoon!

Come chat with us is every Wednesday afternoon!



State Fair Day is August 13th!

National Relaxation Day is August 15th!

National Dog Day is August 26th!

August Activities

August 3rd: Bean Bag Toss in the 2nd floor dining room!

August 4th: Join us in the afternoon for Methodist Communion.

August 5th: In the morning we will be playing wheel of fortune, and in the afternoon 2nd floor will be having their bus trip! Look for the sign up sheet in the hallway!

August 6th: In the afternoon we will be celebrating our August birthdays with a performance from Treasured Music! We will also be enjoying Root beer Floats!

August 10th: Join us for a game of Word Power!

August 12th: Willy will be here for Men's Coffee, and Susie will be here for Ladies Tea! In the afternoon we will be drinking some wine/juice and painting!

August 13th: Join us outside for our very own Mini Fair Day!

August 16th: Jim will be here in the afternoon to lead us in a Hymn Sing!

August 17th: Our friend Pat Crawford will be here to play "Name That Tune" with us!

August 19th: In the morning we will have Lutheran Communion, then play "You Be The Judge!" In the afternoon, 1st floor will have their Bus Trip! Look for the sign up sheet in the hallway.

August 20th: In the afternoon we will have Happy Hour and games!

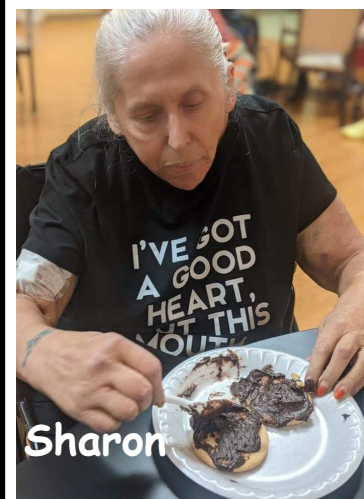
August 24th: Come test your brain with Faces n Places!

August 25th: Wizard of Oz released this day in 1939, to celebrate, we will be watching it in the basement boardroom!

August 26th: Willy and Susie are back for Men's Coffee and Ladies tea!

August 27th: National Banana Lovers day! We will be celebrating accordingly with Banana Splits!

August 31st: We will be playing Hangman!



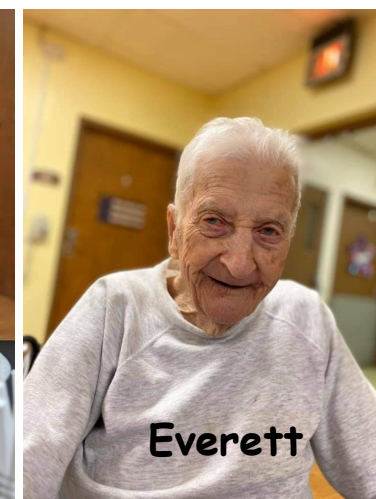
Sharon



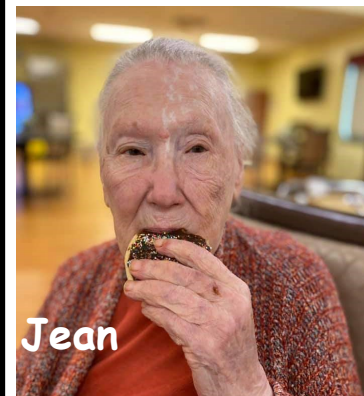
Marti & Dorothy



Geneva



Everett



Jean



George



Edie

Celebrated National Sugar Cookie Day by decorating some of our own, and taste testing them, too, of course!

Bus Trips!



Jean

We sure enjoyed taking a trip last month to go check out the Ledges and get some Ice Cream in Boone! Next month we'll be going on over to Ames and checking out the campus and various other places! If you'd like to join us, look for the sign up sheet in the hallway!



Al, Val, & Guy



Don C.



Ester



Vesta & Family



Norma Searcy
August 3rd

Wesley Valentine
August 6th

Dona Pratt
August 6th

Marcia Sandvold
August 11th

Janice Jay
August 12th

Ray Lounsberry
August 17th

Guy Hennick
August 19th

Edie Coopriider
August 21st

Our monthly birthday party will be on Friday, August 6th! Everyone is invited to come sing a long, enjoy a treat, and help celebrate our NINE Birthdays! Special thanks to St. Croix Hospice for supplying birthday balloons!

It's always fun to learn about celebrities, cars, places, etc. during Come Chat With Us! Check out the programs for August:

Music Programs for August:

August 6th:
Treasured Music

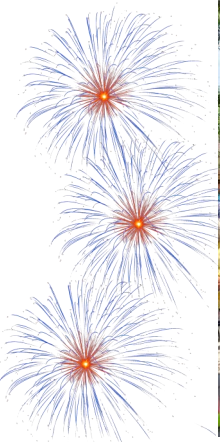
August 16th:
Jim Meade

August 11th:
Iowa State Fair

August 18th:
Roller Coasters



4th of July Parade!

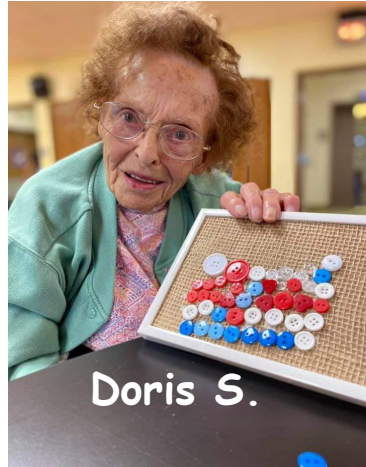


4th of July Crafts!

Look at these adorable flags our residents created with buttons! We had a wonderful time visiting and crafting with one another!



Norma H.



Doris S.



Ina W.



Delaney & Bev



Geneva



Happy Hour!

Nothing better than a cold drink and some wonderful entertainment! Not much of a drinker? No big deal! We also offer several flavors of soda! Join us at the next Happy Hour on August 20th, we will be playing a couple of games up in the 2nd floor dining room!



Fitness Fun

We have fitness every Monday, Wednesday, and Friday morning! Restorative (the bike) will be "closed" during fitness fun, so come on out, get a good stretch, and have some fun with friends! On Mondays we will do poles, Wednesdays we will do bands, and Fridays will be weights!



We love watching a movie once a month while enjoying a snack! This month we will be watching "Wizard of Oz!" Join us on August 25th at 2:30 pm in the basement boardroom!



Movie/Snack



Vivian



Norma H.

Remember if you need your nails done, come on up to manicures on Monday afternoons (and the third Thursday of the month) to get yours clipped, trimmed, filed, or painted!

Manicures

Pet Visits!



Betty



Don

August 26th is national dog day! To celebrate, our furry friends will be coming around room to room in the afternoon to give cuddles and kisses!

Resident Council

Once a month we have a "meeting of the minds" to discuss what is going well, not so well, and any suggestions you may have! Join us this month on Monday, August 16th, at 2:30 pm in the second floor dining room!



Come sing a long with our friend Jim during our monthly Hymn Sing! It will be on Monday, August 16th, at 3:30 pm in the 1st floor dining room.



Hymn Sing