

Announcements

Dear Family Members,

With COVID-19 still spreading amongst our communities, we are unable to accept any donations at this time. This includes from outside Senior Care, and inside. We understand that once a loved one passes, they often have quite a bit of stuff that you may not have any need for. Harmony Closet, here in Nevada, takes donations, and when they're open, they give the clothes away as a free will donation. We also have a large dumpster in the back of Senior Care for any items that are not salvageable. If you have any questions, feel free to reach out. -Senior Care Team

We are so excited Summer has arrived! Several of our residents have enjoyed their time outside, enjoying the sunshine, flowers, and chirping birds. We just want to remind residents that masks are still recommended while outdoors, even if you are 6 feet apart. If it is difficult for you to breathe while outside with your mask on, please return back to your floor. Sunscreen and hats are encouraged to keep you safe from the sun! Thank you!

The Iowa State Extension Office reached out to us to do an Outreach Program called "Stay Independent." There will be four different programs spread throughout the end of August, September, and mid-October. The instructor, Tanner Messerli, will be discussing the importance of three meals a day, nutrition, staying active, and powering up with protein.

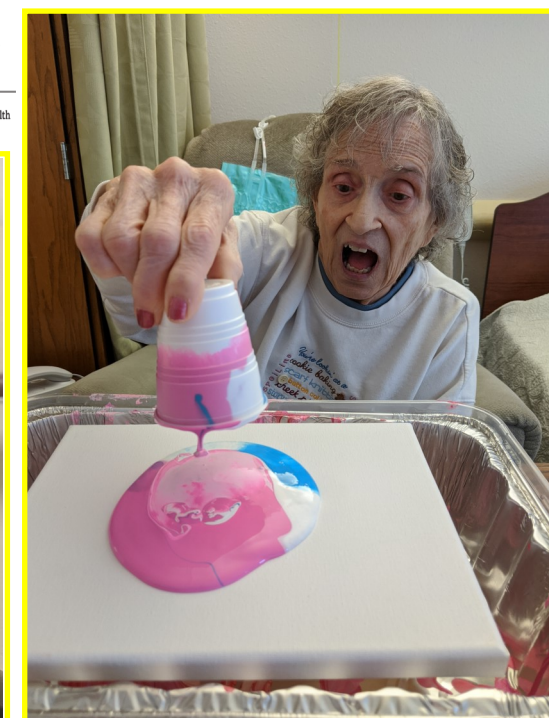
Grandpad



"GrandPad® is designed with seniors in mind - the innovative device comes with features for connecting with loved ones, without the complicated features of other tablets. The large buttons and intuitive interface make the GrandPad a simple tablet for seniors who are ready to start video chatting and sharing memories with family and friends around the world." If you're interested in getting one, call up your family and see if they can help get one for you!



Story County
Medical
CENTER
An Affiliate of UnityPoint Health



August Activities

We have enjoyed doing our hallway activities these past months! We want to remind residents that we are still going to be following our precautions. Meaning masks are recommended when venturing into the hallways, everyone still needs to stay six feet apart, and when going outside there cannot be more than 10 people at one time.

Thank you for all your patience and understanding!

- Second Floor will have Bingo on Tuesday afternoons.
- First floor will have hallway bingo on Wednesday afternoons.
- We will be having Hallway Fitness every Tuesday and Wednesday morning!
- Manicures will still be on Monday's.
- We will still be doing hair every Thursday morning/afternoon, and on Friday mornings.

It is very important to stay active and moving throughout this time! Daily walks or "tootles" throughout the hallways will keep your legs strong! On Tuesday and Wednesday mornings at 10:00 am, come on out to your doorway to do some hallway fitness with Marti and Libby!

Friday, August 7th:
Annual Pie Day up in Braham, Minnesota! We'll be coming around with a "Pie Cart!"

Friday, August 14th:
National Creamsicle Day! We'll be coming around with these delicious, cold treats!

Friday, August 21st:
National Pecan Torte Day! Come on out to your doorway to give this yummy treat a taste!

Friday, August 28th:
National Cherry Turnover Day! You already guessed it, we'll be coming around in the afternoon to give you this sweet treat!

Important Dates:

Games and Cards has been temporarily canceled for August.

Men's Coffee has been temporarily canceled for August.

Fitness Fun has been temporarily changed to hallway fitness.



Friendship Day is on August 2nd!

Neil Hewitt is coming for an outdoor concert August 20th (1st floor) and August 27th (2nd floor)!



BIRTHDAYS THIS MONTH

Wesley Valentine
August 6th

Dona Pratt
August 6th

Janice Jay
August 12th

Ray Lounsberry
August 17

Guy Hennick
August 19th

Edie Coopriider
August 21st



National
Peach Ice
Cream Day!



Celebrated our monthly birthday's while enjoying some pudding for National Chocolate Pudding Day!



Robert Deitch

Outdoor Concert



Pour Painting





National Pick Blueberries Day was on July 10th! So Marti and Libby went out and picked a bunch, mushed them up, and created a DELICIOUS treat! Alright, alright, maybe that's not how it happened! Our amazing friends down in Dietary made yummy blueberry flips that we handed out, and they were a huge hit! Come on out to the hallways on Friday afternoons to see what the treat of the week is!



Rock Painting Project!

