

# Announcements

Coming up on August 16th is our annual "State Fair Day!" We encourage all residents, friends, family, volunteers, and staff to come enjoy the animals and treats with us in the south parking lot!!

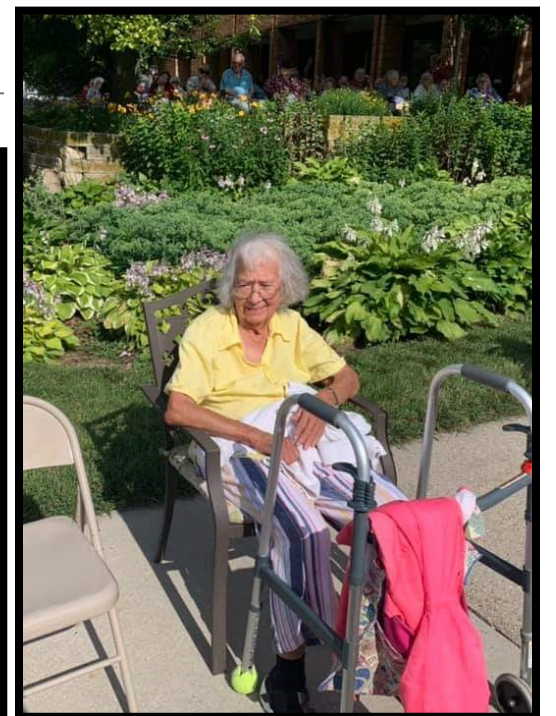
Coming up in September, Story County Senior Care will be venturing out to the Senior Olympics! Residents who would like to participate in the Olympics are encouraged to talk to Marti or Libby about signing up! Please join us for "practices" this month!



In July, we took a spur of the moment trip up to see the "Big Boy Steam Engine!" Residents who were able to go enjoyed reminiscing back to when the "Big Boy's" were in full operation! Thank you to Jordan, Elle, and Quincy for coming up and helping us! The residents had a great time!



Story County  
Medical  
CENTER  
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# August Activities

**August 1st:** 2nd floor look for the sign up sheet for Lunch Bunch! This month we'll be going to Hickory Park! Afterwards we will be trying a new game called "You be the Judge!"

**August 2nd:** Happy National Ice Cream Sandwich Day! We will be celebrating accordingly during the birthday party!

**August 5th:** Join us for a fun game of Early Bird Bingo!

**August 7th:** Look for the sign up sheet in the hallway for Dinner and a Movie! We will be eating Casey's pizza and watching "Some Like it Hot!"

**August 8th:** First floor look for the sign up sheet for Lunch Bunch! This month we'll be going to Hickory Park!

**August 9th:** Join us in the second floor dining room for a cold drink during Happy Hour featuring the Song Birds!

**August 13th:** We will be enjoying "State Fair" foods, games, and memories in the second floor dining room!

**August 14th:** Come up to the second floor dining room to watch the "State Fair" movie and eat some popcorn!

**August 16th:** Come on out to the south parking lot to enjoy the State Fair festivities!

**August 19th:** We will be having our Sunrise Social upstairs!

**August 20th:** Come tell us what is going well, not so well, and any recommendations you have during Resident Council!

**August 22nd:** We will be bowling upstairs, and afterwards we will make some beautiful wreaths!

**August 23rd:** Come on up for the "Great American Banana Split Celebration!"

**August 24th:** Look for the sign up sheet to go watch the Lincoln Highway Day's Parade!

**August 26th:** we will be celebrating National Dog Day with our furry friends during pet therapy!

**August 28th:** Happy National Cherry Turnover Day! We will celebrate by munching on some turnovers and having a social hour!

**August 29th:** The Ames Historical Society will be presenting "A Time of Expansion— Life in Ames 100 years ago!"

**August 30th:** Join us for Name That Tune with Susan Lee!

Reading with  
Vivian is every  
Thursday  
morning at 10:00  
am!

Men's Coffee is  
the first, third,  
and fifth  
Thursday of the  
month!

Fitness Fun is on  
Mondays,  
Tuesdays,  
Wednesdays, and  
Fridays!



August 16th is  
the State Fair  
Day at Senior  
Care!!

August 24th is  
the Lincoln  
Highway Days  
Parade!



Wesley Valentine  
August 6th

Janice Jay  
August 12th

Guy Hennick  
August 19th

Edie Coopriider  
August 21st

Our monthly birthday party will be on Friday, August 2nd! Everyone is invited to come sing a long, eat some birthday cake, and help celebrate our four August birthdays! Special thanks to St. Croix Hospice for supplying birthday balloons, and to various volunteers for making the delicious birthday cake!

# August Church Schedule

Bible Study is every Friday morning with Tom

**August 4th:** Church service with Pat Dice

**August 7th:** Devotions with Dennis Reynolds

**August 7th:** Methodist Communion

**August 11th:** Church with Tom Lee

**August 14th:** Devotions with Douglas Harding

**August 15th:** Lutheran Communion

**August 18th:** Church with Pat Dice

**August 21st:** Devotions with Brenda Hobson

**August 22nd:** Catholic Mass

**August 25th:** Church with Pat Dice

**August 28th:** Devotions with Memorial Lutheran

# 4th of July!



Thank you to all the staff on the 4th of July for assisting our residents outside so they could enjoy the parade! It was a beautiful day, and the residents loved seeing the different groups go by!



# *Featured Musical Entertainment for the Month*

August 2nd	K&L Duo	3:00 pm
August 9th	Song Birds	3:00 pm
August 10th	Myrt & Jerry	10:30 am
August 15th	Ron Burgess	3:00 pm
August 17th	Blue Stem Bellow Band	3:00 pm
August 21st	Cynthia Z	3:00 pm
August 27th	Jim Quales	10:00 am



We enjoyed having Picnics on the Porch this past month with all the residents! They enjoyed some delicious grilled barbeque chicken, beans, and chips! Thank you to Justin for helping with the food, to Ben, Blair, and Zac for grilling the meat, and to all the staff for assisting with getting residents outside and comfortable!



You scream, I scream, we all scream, for ICE CREAM! A little rain and a bit of a breeze didn't stop these cool kids from enjoying a sweet ice cream treat! Thank you to Chad Anderson for bringing "Pint Sized Ice Cream" to us!







Every month, we take both floors out to eat! In August we will be going out to eat at Hickory Park! Second floor will be going on August 1st, and first floor will be going August 8th! Look for the sign up sheet in the hallway!

# Lunch Bunch



# Fitness Fun



We encourage all residents to participate in Fitness Fun! We do simple stretches, play fun games, and get a good work out in! Join us Mondays and Fridays at 11:00 am, Tuesday's at 10:00 am, and Wednesday's at 10:30 am!



Once a month we have dinner and a movie night down in the boardroom! Look for the signup sheet in the hallway for August 7th! We will be watching "Some Like it Hot" and eating Casey's Pizza!

# Dinner and a Movie

# Cooking Club



Every Tuesday morning at 10:30 am we have Cooking Club! We make desserts, pizza, and much more! All residents are invited to come make a nice treat, and of course, eat it afterwards!



# Wii Games

Once a month we break out the Wii Console to play some games! We play Wii Sports, Wheel of Fortune, or Family Feud! Everyone is invited to come check out the games and play along! We will be playing on Monday, August 12th, at 9:30 am!

# Pet Therapy

We will be celebrating National Dog Day on August 26th by bringing in a couple adorable dogs of our own to visit with the residents! They will be coming around for room visits in the morning!

