

# January 2023



Story County Medical Center  
An Affiliate of UnityPoint Health



Tom Hofer came and spent the afternoon performing for us on National Candy Cane Day.





**Important Dates:**

**Fitness fun** is Mondays, Wednesdays, and Fridays!

**Bingo** is most Tuesday afternoons!

**Resident Council** is the third Monday of the month!



**Elvis Presley Birthday** is January 8th!

**Martin Luther King Jr Day** is January 16th!

# January Activities

**January 1st:** Happy New Year!

**January 3rd:** In the morning, we'll talk about what's in the news.

**January 4:** John Henry will be performing

**January 5:** Crosswords & Coffee in the morning, come and check out the craft, in the afternoon.

**January 6th:** We have the birthday party and 45RPM Do Wop Quartet will be performing.

**January 8th:** Elvis Presley's Birthday.

**January 10th:** In the morning, come and try your hand at "Word Power", and we're playing bingo in the afternoon.

**January 11th:** Come on up in the afternoon and we'll play "Name that Animal"

**January 12th:** We'll be bowling, in the 2nd floor dining room, this afternoon.

**January 13th:** The Ames Historical Society will be doing a presentation on Railroad History-the Dinky.

**January 16th:** Martin Luther King Jr. Day.

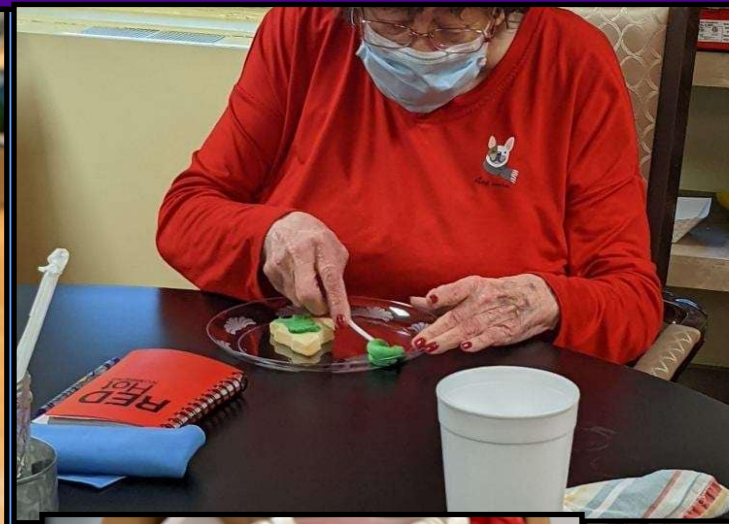
**January 18th:** We'll be learning all there is to know about Elvis Presley, in the afternoon.

**January 19th:** We have Lutheran Communion in the morning. Come and make photo albums with Stephanie, in the 2nd floor dining room.

**January 20th:** Come and join us in the 2nd floor dining room for Happy Hour with Dave and Cindy.

**January 25th:** Join us in the 2nd floor dining room for Wine and Painting at 3:00 pm.

**January 27th:** Holocaust Remembrance Day, Brad Wilkening will be joining us for a program.



Highlights





December

Happy Birthday!

- Gladys Goff  
January 3
  - Pat Klingseis  
January 4
  - Barbra Caple  
January 19
  - Martha Collins  
January 21
  - Marianne Johnson  
January 21
  - Rita Hawkins  
January 29
- Our monthly birthday party will be on Friday the 6th! Everyone is invited to come sing along.

# Bus Trips!

We took a trip to see some Christmas lights to end the season! We'll be back this spring roaming the countryside.



## Music Performances:

January 6th:  
RPM Do Wop Quartet

January 20th:  
Dave and Cindy

January 16th:  
Jim Mead

**Church Activities:**

**January 19th:**  
Lutheran Communion  
9:30 am

**Typically on Tuesdays:**  
Devotions 9:30 am



# Dinner & Movie

EDDIE MURPHY  
COMING TO  
AMERICA



Join us on January 4th, in the basement boardroom, at 5:00 pm to watch "Coming to America" and eat some Fried Chicken! Look for the sign up sheets in the hallway!

# Cooking Club

Start joining Nora for Cooking Club, on Wednesday mornings, at 10:45 in the kitchenette on 2nd floor!



We look forward to our two wonderful friends, Blair and Susie, coming to visit with us twice a month! The Men chats it up, in the first floor dining room, and the Lady's hangs out upstairs!



# Men's Coffee & Ladies Tea

# Resident Council

Once a month we have a "meeting of the minds" to discuss what is going well, not so well, and any suggestions you may have! Join us this month on Monday, January 16th, at 2:30 pm. in the 2nd Floor Dining Room!



# Nails

We do our best to have Manicures weekly! Come on out to the 2nd floor dining room if yours need trimmed, filed, or painted! Check the calendar for dates and times!



# Happy Hour

Happy hour this month will be on January 20th! We will be listening to Dave and Cindy perform, while enjoying some yummy drinks! Join us in the 2nd floor dining room at 3:00 pm!



**If you enjoy the show "Lawrence Welk" remember to tune in to channel 11 Sunday evenings at 6:00pm!**

