



January, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	10am Fitness Fun (T) – 2DR 3pm Afternoon Manicures – 2DR	9:30am Devotions – CH 10:30am “Good News” – 2DR 3pm Bingo – 2DR Happy Birthday, Gladly!!	10am Fitness Fun (R) – 2DR 10:45am Cooking Club – AK 3pm John Henry performing – 2DR 5pm Dinner/Movie – Coming to America – BBR Happy Birthday, Pat K!!	10am Crosswords & Coffee – 2DR 3pm “Winter Craft” – 2DR	9:45am Fitness Fun (R) – 2DR 1pm Card Club – AK 3pm Birthday Party!! 45 RPM Do Wop Quartet performing – 2DR	Activity Packets Movie Mania – Hallmark Channel – (listed in the Activity packets) 6pm Games/Cards – 2DR
8	9	10	11	12	13	14
Activity Packets 9am Online Church Services – 2DR	10am Fitness Fun (T) – 2DR 3pm Afternoon Manicures – 2DR	9:30am Devotions – CH 10:30am Word Power – 2DR 3pm Bingo – 2DR	10am Fitness Fun (R) – 2DR 3pm “Come Chat with Us” (Name that Animal) – 2DR	10am Ladies’ Tea – 2DR 10:30am Men’s Coffee – 1DR 3pm Bowling – 2DR	9:45am Fitness Fun (T) – 2DR 1pm Card Club – AK 3pm Railroad History – the Dinkey – by the Ames Historical Society	Activity Packets Movie Mania – Hallmark Channel – (listed in the Activity packets) 6pm Games/Cards – 2DR
15	16	17	18	19	20	21
Activity Packets 9am Online Church Services – 2DR	10am Fitness Fun (R) – 2DR 2:30pm Resident Council – 2DR 3:30pm Hymn Sing – CH Martin Luther King Jr. Day	9:30am Devotions – CH 10:30am Morning Manicures – 2DR 3pm Bingo – 2DR	10am Fitness Fun (R) – 2DR 3pm “Come Chat with Us” (Elvis Presley) – 2DR	9:30am Lutheran Communion – CH 10:30am “You be the Judge” – 2DR 2:30pm Photo Album Creations – 2DR Happy Birthday, Barb!!	9:45am Fitness Fun (T) – 2DR 1pm Card Club – AK 3pm Happy Hour with Dave and Cindy performing – 2DR	Activity Packets Movie Mania – Hallmark Channel – (listed in the Activity packets) 6pm Games/Cards – 2DR Happy Birthday, Martha! Happy Birthday, Marianne!
22	23	24	25	26	27	28
Activity Packets 9am Online Church Services – 2DR	10am Fitness Fun (N) – 2DR 3pm Afternoon Manicures – 2DR	9:30am Devotions – CH 10:30am Sing a Long – 2DR 3pm Bingo – 2DR	10am Fitness Fun (T) – 2DR 10:45am Cooking Club – AK 3pm Wine & Painting – 2DR	10am Ladies’ Tea – 2DR 10:30am Men’s Coffee – 1DR 3pm James Kellerman performing – 2DR	9:45am Fitness Fun (R) – 2DR 1pm Card Club – AK 3pm Holocaust Program presented by Brad Wilkening – 2DR Holocaust Remembrance Day	Activity Packets Movie Mania – Hallmark Channel – (listed in the Activity packets) 6pm Games/Cards – 2DR
29	30	31				
Activity Packets 9am Online Church Services – 2DR Happy Birthday, Rita!!	10am Fitness Fun (N) – 2DR 3pm Afternoon Manicures – 2DR	9:30am Devotions – CH 10:30am “Hangman” – 2DR 3pm Bingo – 2DR			CALENDAR SUBJECT TO CHANGE	LOCATION GUIDE: 1DR = 1 st Floor Dining Room CH = 1 st Floor Chapel 2DR = 2 nd floor Dining Room BBR = Basement Boardroom AK = Activity Kitchenette

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