

New Weekly School Program

Grant Project Completion

General Election Important Dates





The Opener

Brenda Dryer Executive Director, Nevada Economic Development Council



National Manufacturing Week begins on the first Friday in October and continues for a week across the country. This year, it takes place from October 7 to 14. This weeklong celebration aims to honor the impact manufacturing has on all levels of the economy.

	Statewide	Story County	Nevada
# of Manufacturing Employees	216,348	5,529	998
Average Manufacturing Wage	\$58,366	\$69,901	Not Available
# of Manufacturers	3,427	70	13

Nevada is home to some amazing industries!

From A (ALMACO) to V (Verbio), products made in our community touch all corners of the world.

In this issue of Our Nevada, we share statistics highlighting the economic impact manufacturing plays in our community and provide you with a list of some of the high quality employment opportunities available in Nevada in manufacturing.

Take time to read the "Made in Nevada" Story; I think you will be surprised by the variety of products that have their start right here in Nevada.

We can be proud of all of these companies. They are providing meaningful employment opportunities, contributing to our charitable causes, and making the world a better place with the products they produce.

Join me in celebrating their success and impact this Manufacturing Week 2022!

On the Cover: For a community of its size, Nevada has a tremendous manufacturing presence. Featured on the cover are these Nevada-based manufacturing businesses (from top to bottom, left to right): Buckaroos, Inc.; MidWest Cylinder Head; Mid-States Millwright & Builders; Lincolnway Energy, LLC; General Financial Supply; Paragon International; Priority Envelope; VERBIO Nevada Biorefinery; ALMACO; Burke Corporation; and Frontline Bioenergy, LLC.

Contents

October 2022 IN THIS ISSUE

Meet Our Manufacturers3
Celebrating Copper Spaces4
Pledge Support for Theater5
City News6-7
The Nevada Library & Teens8
Leadworthy Character Time9
School Facilities Update10
School Announcements11
Children and the ER 12
Hospital News13
Story County News14
Photo Contest15
October Calendar16

CONTACT US

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ABOUT OUR NEVADA

Our Nevada is a monthly publication of the City of Nevada, Nevada Community School District, Story County Medical Center, Story County, NEDC, and Main Street Nevada.



'Made in Nevada' Story

Nevada has an incredibly robust manufacturing com-

munity. The services and products made here in Nevada not only contribute to our local economy but have an impact and reach across our entire nation. From ethanol to insulated pipes, pizza toppings to popcorn and snow cone machines, Nevada has it all. Here is a look at some of the top manufacturers in Nevada.

Founded in 1884, **ALMACO** is the oldest business in Story County. They have been innovating and manufacturing custom equipment for clients for decades. As a family-owned business, they pride themselves on putting their employees and clients first to help them reach their research needs. They are a leader in providing innovating solutions to their clients in the seed research industry around the globe. They specialize in designing and manufacturing custom planting, harvesting, and seed processing technology for use in analyzing new crop varieties.

Burke Corporation is a leading manufacturer of fully cooked meats, supplying the highest quality products for the foodservice and prepared food industries. Burke manufactures and markets pizza toppings and other fully cooked meats to be used as ingredients in a variety of applications such as pizzerias, Italian and casual restaurants, and manufacturers of prepared foods. Located in Nevada, they have more than 50 years in the pizza industry.

Mid-States Companies offer premier millwright, design, crane and trucking services. As a top fabrication company, they offer quality structural steel products and material handling equipment. They are committed to building professional working relationships with each of their clients with their mission to anticipate, recognize, and exceed customer expectations.

The **VERBIO Nevada Biorefinery** is the first industrial scale renewable natural gas (RNG) facility in North America that uses agricultural residues as its feedstock. The VERBIO Nevada Biorefinery began producing renewable natural gas (RNG) on an industrial scale in December 2021. The facility offers a significant opportunity to the state's growers by offering lowa farmers a new source of income. In the first year of operation, the plant will use up to 100,000 tons of corn stover as feedstock to produce RNG. And this is only the beginning of what their impact could be in our region.

Lincolnway Energy, LLC was formed in May 2004 when investors came together to build a 50 million gallon per year dry mill ethanol plant. Their goal is to be an efficient and low-cost producer of ethanol. Centrally located with a location near a major national transportation corridor of Interstate 35 and US Highway 30, as well as adjacent to Union Pacific's Class 1 Railroad, the impact that Lincolnway Energy has extends beyond our region.

Priority Envelope was founded in 1996 with two presses, five employees and a 15,000 square foot building. Today, Priority has over 200 dedicated employees at three locations including here in Nevada with a 96,000 square foot building. As a custom envelope manufacturer, they pride themselves on being able to answer any questions that clients might have about printing and converting envelopes.

Printgraphics is more than just a top 50 wholesale printer. They are well positioned to help support profitable growth for businesses. Their area of expertise covers a wide market that includes direct marketing, healthcare, government, financial, retail, transportation, and general business. From traditional forms and label applications to high color promotional printing, Printgraphics is ready to assist your efforts to increase profitable sales.

Each popcorn kernel consists of water and starch that is concealed inside the hull. When the kernel heats up, the water expands and pressure builds that creates a "pop" as the hull gives way to the inflated starch. This is the technology that **Paragon International** specializes in as a concession and manufacturing company based in Nevada. In addition to popcorn, Paragon also manufactures and assembles cotton candy and snow cone machines, along with other innovative concession equipment.

Midwest Cylinder is a full-service machine shop and engine rebuilding facility that specializes in agricultural, automotive, truck and heavy equipment engines. If you need driveline and chassis work, crankshaft and camshaft operations, cylinder blocks and heads, connecting rods, or anything else, they are your trusted leader. With over 20 locations across the Midwest, including in Nevada, they can help get you back up and running.

Buckaroos is the leading innovator of insulated pipe support systems and pipe insulation protection shields. The company's initial product offering was the original Buckaroo Support. It resembles a cowboy hat and provides support for insulated piping as it rides on a saddle, hence the company name, "Buckaroos." As years went on, Buckaroos began producing saddles with a unique flared edge to minimize damage to the vapor retarder and they are now in a league of their own.

Since 2003, **Frontline BioEnergy** has been designing systems and proprietary equipment for biomass gasification. As each year passes, there is a noticeable and growing need to explore alternatives for clean fuel and energy production. After successfully delivering and operating one of the largest operating biomass gasifiers in North America, Frontline BioEnergy has continued to develop its gasification, gas cleaning, and gas conditioning technologies to offer solutions that are practical, cost-effective, efficient and reliable.

General Financial Supply is a leading provider of negotiable and non-negotiable secure documents, internal bank forms, and secure distribution services. Being focused on these areas has enabled the company to provide a high level of expertise in providing solutions for their customers' needs in a constantly changing environment.

MAIN First Main Street Nevada Grant Project Completed

Copper Spaces, a coworking and flex rental facility, opened its doors to customers last month. This is especially exciting, as its opening marks the first Main Street Nevada grant project completed! The Main Street Iowa Challenge Grant, which covered approximately 25 percent of project costs, was awarded to Evie Peterson last year. Evie desired to convert the unused, second story at 1024 6th Street into a place where entrepreneurs and existing business owners could share work space and resources. The coworking concept, common in larger cities, is gaining traction in smaller towns.

Copper Spaces was founded by Farmhouse Catering, Inc., which provides a deep foundation of hospitality for Nevada's new coworking & flex space. While Gatherings event venue can easily accommodate a party of 250+, an inviting space for less than 40 people was limited. Now the welcoming culture that makes Gatherings successful is accessible to small events as



well: book studies, yoga sessions, customer consults, parties/ showers, and corporate retreats/training... just to name a few.

As you walk into Copper Spaces, you will notice that original architecture is the focus. With exposed brick in every room, original tin ceilings, reclaimed wood accents and well appointed rooms throughout — you will wonder if you mistakenly made it to the Pacific Northwest. Even the Copper Spaces logo incorporates the historical architecture, borrowing the arches found above every exterior window. Modern, yet undoubtedly built in 1886, you'll feel right at home in this restored, downtown building.

Ryan Larson, Operations and Business Manager of Copper Spaces, has been working alongside the project from the beginning. Ryan is originally from Story City, IA and has been a project manager at a large agribusiness for the prior 14 years. After completing his MBA from Mississippi State, he was excited to give local entrepreneurship and small business his focus. Ryan says it was the blend of creativity, hospitality and business systems that drew him to work on the Copper Spaces project. Sign up for a tour via their website, and you'll notice Ryan's passion as he shows you the facility.

For more pictures, a complete list of offerings, amenities, rates, contact information, and tour requests, visit www.copperspaces.com, or simply point your phone camera at the barcode on this page and follow the link. Please join us in welcoming Copper Spaces to Nevada!



Ryan Larson, Operations and Business Manager of Copper Spaces







2022 SAVE THE WINDOWS PLEDGE FORM

Help us achieve our next goal of raising \$100,000 to replace the windows. The Camelot Theater Foundation recently went through some changes with our facade, have you seen it yet? We need your help to continue the progress. Please make a one time, monthly, or yearly donation to help us keep moving forward. You can use the QR code to make a payment now or complete this form and mail or email to the Camelot Theater Foundation address below.

CONTRIBUTOR INFORMATION

DONOR(S):				
MAILING ADDRESS:				
CITY, STATE, ZIP:				
HOME PHONE:	CELL PHONE:			
EMAIL:				
4 YEAR PLEDGE COMM	IITMENT			
By this pledge, I/we are making a binding of Theater Foundation is an Iowa non-profit co section 501(c)(3) of the Internal Revenue C Theater Foundation's federal tax identificati	orporation in the p Code. Donations a	process of obtaining re tax-deductible t	g tax-exempt status und	ler the provision of
Signature	Date	Signature		Date
I would like to pledge a tota \$25,000 \$10,000 My 4 year pledge will be billed fo	\$5 <i>.</i> 000	\$1,000	Other: \$	
☐ I would like to make a one-f Make checks payable to: Camelot Theater Foundation	Checks can b State Bank ar	e dropped off at:		
🗌 l would prefer my pledge b	e kept confid	lential.		
Camelot Theate	r Four	ndation		
Forms and questions may also be se camelottheaterfoundation@gmail.com				
Thank you for your su	upport!		200	

Sewer rates to increase in January

With the progress at the new Wastewater facility, the City is taking an additional State Revolving Fund (SRF) Loan to cover the pay requests from construction. The SRF Fund offers affordable loan options to cities to improve infrastructure and comply with federal and state water quality requirements. In order to submit a loan request from SRF, we are required to show that rates are in place to repay the debt when the project is finished.

The Nevada City Council has reviewed rates with the City's financial advisor, and at the August 22, 2022 City Council meeting, the first reading for the ordinance that will provide the necessary revenue to repay the debt was approved. Along with the official publication, there will be two additional readings to adopt the rates. The new rates will take effect on the Jan. 1, 2023 utility bill, using the December 2022 meter reading.

This upcoming increase was planned, and City officials knew that rates were going to be around this level in the end. We have tried to take the gradual approach instead of causing sticker shock all at one time. We actually were able to save a little because of the diligence of our financial advisor and were able to reduce the last loan rate by 1 percent interest. Examples of the New Rates for the total utility bill (both water and sewer) that will take effect January 2023:

1,000 Gallons: \$68.64

4,000 Gallons: \$121.12

10,000 Gallons: \$226.08

Find out more by visiting our City Website. Go to "Recent City News" half-way down the front page, and find the story: "Wastewater Facility Progresses; a Rate Increase is Planned for January 1, 2023." If you have further questions, please call City Hall, 515-382-5466.

CEMETERY CLEANUP

Nevada Municipal Cemetery cleanup will be held Oct. 17-21. If you wish to keep any decorations, stands, etc., please remove them by Oct. 16 or they may be disposed of. You may return items to the cemetery on Oct. 22. If you have questions, please call Cemetery Sexton Gene Fritz at 515-382-6240.

PUBLIC GROUNDS TO BE SPRAYED THIS MONTH

Parks and Rec/Cemetery staff will spray all park grounds, cemetery and

various other city properties for weed control in October. Please be aware of this if you are



on city property. If you have questions, please call Parks and Recreation at 515-382-4352.

News and Notes

FREE YARD WASTE DAYS

Story County residents can dispose of yard waste at no charge during Fall No-Charge Yard Waste Days planned in October, November, and December. Yard waste, or vegetative waste, is defined as leaves, grass clippings, tree trimmings, and other plant materials that are typically generated in outdoor residential settings.

The scheduled Saturdays are Oct. 29, Nov. 12 (includes brush), Nov. 26, and Dec. 3, at Chamness/GreenRU, 400 Freel Drive, in Ames. Hours are from 8 a.m. to 4 p.m.

A voucher option will again be offered for those unable to take advantage of the Saturday, Nov. 12, drop-off date, which includes brush. A voucher may be picked up in advance at the Resource Recovery Plant, 110 Center Ave. This voucher may be used from noon to 5 p.m. on Friday, Nov. 11, at 400 Freel Drive.

Those participating in Fall No-Charge Yard Waste Days are asked to enter the site from South Dayton Avenue, then go west on Southeast Fifth Street, and north on Freel Drive. Drivers should exit the site to the north on Freel Drive to East Lincoln Way.

HYDRANT FLUSHING HAPPENING THIS MONTH

During October, Water Department crews will flush water lines using fire hydrants. Because of line flushing, residents in the immediate vicinity of the work may experience temporary discoloration of their water and/or lower water pressure. This discoloration consists primarily of harmless silt and air. It does not affect the safety of the water. If you experience discoloration after crews have flushed your neighborhood, clear the pipes in your home by running all water faucets for a few minutes. If you have questions, please call the Water Department at 515-382-2074.

Fall is here: Everything you need to know for open burning



Back To School Safety Correction

An article from the September issue of Our Nevada on back to school safety tips had incorrect wording in one of those tips. The article indicated pedestrians should walk on the same side of the road and in the same direction with moving cars. The fire department recommends using sidewalks whenever they are provided and not walking on the road. If no sidewalks are provided, and you have to walk on the roadway, the correct manner of walking on the side of the road is facing on-coming traffic. This allows a pedestrian to move out of

the way if an erratic driver is driving towards you. It is also recommended pedestrians who must walk on the roadway wear bright reflective clothing to be seen by on-coming vehicles.

The information provided to travel with traffic would be accurate if riding a bike on the roadway. In our article we mixed up bike traffic with pedestrian traffic. Please excuse our honest mistake and apparent oversight while proofing this article. We want you to be safe! Fall is a common time to work around the yard — there are leaves to rake and sticks to pick up. It may seem that the easiest way to get rid of all the sticks and leaves is to burn them. However, just remember that Nevada does have an ordinance regarding open burning and when it is allowed. City of Nevada Ordinance 105.05 "OPEN BURNING RESTRICTED" defines how waste can be stored and disposed of. The fall open burning period is from Oct. 1 through Nov. 20. Open burning during this time frame may not commence before 8 a.m. and must be fully extinguished by 5 p.m.

In order to comply with the law and keep yourself safe, there are some additional guidelines to follow. A competent adult needs to attend all open fires of landscape waste at all times until the fire is fully extinguished. In addition, this adult needs to have fire extinguishing equipment readily available such as a garden hose that is connected to a working water supply. Flammable or combustible liquids, accelerants or tires are all prohibited from being used to start a fire. Your burn pile cannot be within 40 feet of any structure, including wooden fences and utility poles, or within a public utility easement. Before conducting an open burn consider the weather conditions. Controlled burns "caught by the wind" that turn into uncontrolled burns are a common type of call that we receive each year.

There are additional ways you can dispose of yard waste such as mulching or checking with your garbage provider on their yard waste removal guidelines. (See Free Yard Waste Days article on prior page.)

If you have any questions about open burn you can contact Fire Chief Ray Reynolds at 515-382-4593.

Do you have a teenager?

PLEASE READ THE LIBRARY POLICY MANUAL WITH THEM BEFORE THEY HANG OUT WITH US



The library can be a perfect learning environment for youth during their teen years. We love having teens come to the Nevada Public Library, but we ask that they read over our policy with their parents first. The policy can be found on the library website under the "About" tab, or contact us and we can print a copy for you. Our rules are put in place to assure that all library users treat other patrons, staff, and facilities with respect.

Teens, who fully understand the rules, can benefit from utilizing the library's many resources. We have study rooms for individual or small groups. We have computers. We have a large "Young Adult" collection and other materials, and we love having teens give us suggestions on books and materials they'd like to see in the library.

The Nevada Public Library also has a digital resource called Brainfuse that gives free online tutoring help. If your teen needs help with homework and studying habits, they may benefit from Brainfuse.

Parents, please discuss appropriate behaviors at the library that are respectful of patrons, staff, and the facilities with your teens, and reach out to library staff if you have questions or concerns.

TWO UPCOMING TEEN LIBRARY EVENTS:

Meet Midwest Author Leah Johnson

Tuesday, Oct. 4, 6:30-8 p.m. (Registration Required)

Leah Johnson is an eternal Midwesterner and author of award-winning books for children and young adults. Her bestselling debut YA novel, YOU SHOULD SEE ME IN A CROWN, was a Stonewall Honor Book, the inaugural Reese's Book Club YA pick, and named a best book of the year by Amazon, Kirkus, Marie Claire, Publishers Weekly, and New York Public Library.

Hocus Pocus Interactive Movie

Friday, Oct. 21, 6-8 p.m.

Join Youth Services Librarian Dylan in the meeting room for a fun and spooky movie night! We'll be showing *Hocus Pocus* and providing the props and treats to make this interactive event fun for all!



Leadworthy Character Time kicks off

With the start of the 2022/2023 school year this past August, Nevada Middle School students found something new during their Cub Pride Time on Wednesdays -Leadworthy Character Time.

The goal of this new weekly program is for students to build positive character traits, which will lead to a successful future.

There are nine traits that define Leadworthy Character.

Empathy - understanding and feeling the heart of another person.

Self-Direction - leading yourself to be the person you want to be.

Teamwork - working together for a common goal.

Responsibility - owning your thoughts, words, and actions.

Respect - acting with thoughtfulness.

Kindness - being friendly and compassionate.

Courage - develop the strength to face something difficult.

Perseverance - giving extra effort to make it through to the end

Integrity - living with honesty and excellence.

Each Wednesday, students are learning about the nine traits of Leadworthy Character and what those traits mean - not only by definition but what they mean to each individual student. Students will join in lessons that build off of the preceding lessons, learning how to grow in each trait. Each month features a new character trait theme the lessons that month will focus on.

Students will also spend their weekly

time planning on ways they can improve in each particular trait. Some of those ways will include service learning projects such as organizing food drives, connecting with residents in nursing homes, reaching out to heroes in our community, and creating kindness initiatives in the school.

Lessons support and augment social and emotional learning competencies, 21st century learning standards, as well as college & career readiness skills.

Leadworthy Character is a continuation of the District's commitment to the whole child and continuing work around Capturing Kids' Hearts.

CONSTRUCTION UPDATES

When Nevada CSD Superintendent Dr. Steve Gray was interviewing for the job 10 years ago, facility updates were a major part of the conversation.

Therefore, it is a feeling of achievement that Gray feels for the leaders of the Nevada School District and Nevada School Board of Education, as he talks about the great strides the district has made with facilities and focuses on the latest improvements that have happened at Nevada Middle School and the recently acquired Gates Memorial Hall.

Gates Memorial Hall

Gates Memorial Hall now houses the school's administrative offices, and all the way around the building, the amount of space these offices enjoy is apparent.

What was formerly the south room is now the workspace of the two business office administrative assistants, an office and records room for the school business manager, an office for the buildings and grounds director, as well as a public computer workspace for people who need help with registration or other online school forms.

The kitchen and serving area remain just as they were with a fresh coat of paint. Those areas and the auditorium are still available for rent.



The auditorium when not rented out to other groups has become a valuable space for the school district.

It is where the Nevada School Board meetings are held and is also utilized for other types of large meetings, staff training, student testing space, etc.

This summer, the auditorium has undergone some updates with new ceiling tiles and lights, fresh paint, and new flooring. Gray said a new subfloor had to be put in and areas of the floor leveled before the top flooring could be put in.

Two more updates are planned for the auditorium – a new stage curtain and a new audio system for the room, which will make it much easier for people to listen to live-streamed meetings.

The north side of the building still houses parks and recreation offices (until they move into the new Field House), which is under construction. The former "north room," was split into two large offices for the superintendent and the associate superintendent for school improvement. Gray said the office spaces are big enough that both can accommodate smaller meetings.

A new IT department area was constructed on what used to be lots of space behind the auditorium stage at the back of the building. This room now houses the district's IT team, and as Gray points out, windows in the IT department look out onto the high school parking lot. "It's always good to have eyes on the parking lot."

Most important to the district when it came to Gates Memorial Hall was to continue to honor the benefactor. A Mabel Gates Wadsworth tribute still hangs on the wall outside the auditorium, and to honor the school district's history, the north hallway features large pictures of all the former buildings that were part of the Nevada School District.

Nevada Middle School

This is the first school year that the

middle school renovations are finally going to be enjoyed for the full year, Gray said.

Without a doubt, he said, the two most important improvements to the building were putting in a new HVAC system and a new roof.

For those walking through the building today, who haven't been in the building for a few years, the space the middle school gained by moving the administrative offices to Gates is very apparent.



Improvements of space and other improvements include:

- A new dedicated wrestling room on the east side
- A new art room in what used to be the middle school wrestling room
- An expanded lunchroom
- A larger makerspace learning area
- Open student pod seating areas in both the 5/6 wing and the 7/8 wing
- An expanded area for the administrative offices
- One clear front door coming into the building and immediately into the school administrative office area
- A new staff lounge area and designated staff entrance
- Fresh paint and flooring throughout.

The Nevada Middle School renovations were funded through a General Obligation Bond Referendum approved by voters. Gates Memorial Hall acquisition and remodel were funded through Local Option Sales Tax revenue.

ELEMENTARY MUSIC CONCERTS

Elementary music concert dates have been set for the school year. Get them marked on your calendar today!

Graded 1st/2nd

Thursday, December 1 - 6:30 p.m.

Multiage 1st/2nd Thursday, March 9 - 6 p.m.

Multiage 3rd/4th Thursday, March 9 - 7 p.m.

Graded 3rd/4th Thursday, April 13 - 6:30 p.m.

Kindergarten Thursday, May 4 - 6:30 p.m.

STUDENT INTERNSHIPS

Students at Nevada High School continue to participate in internships within our business community.

One of those internship opportunities that has been around since the start of our internship program has been with our own Transportation Department.

Students travel to the Bus Barn each day, and spend their time working on vehicles - buses, trucks, vans, lawn equipment, etc. While working on this wide array of vehicles, students are learning in an industry setting all the basics of auto, diesel, and small engine mechanics.

Some of the tasks they complete include regular servicing like changing oil, replacing and balancing tires, replacing brakes, and anything Transportation Director & Chief Mechanic Jason Sampson happens to be working on that day.

Not only do kids "wrench" on vehicles, they're learning about industry standards including safety and inspection standards. Students have also met with outside automotive experts during their internships to gain further experience and knowledge.

Experience gained from working with our Transportation Department allows students to discover a vocational path and gain real world experience towards becoming a vehicle mechanic.

NEVADA MUSIC PARENTS

Does your child love music? So do we! Work together with the Nevada Music Parents today!

Nevada Music Parents is a volunteer organization supporting the performing arts at all levels in our schools. They appreciate and thank all donors, administrators, supporters, and educators who make the performing arts possible for our students.

How can you be involved?

- Join the Board of Advisors
- Volunteer in the concession stand
- Donate
- Visit their website (https://bit. ly/3B2bydv)

To get involved or to learn more, send an email to the Nevada Music Parents at

nevadamusicparents@gmail.com

NEVADA FFA & AG MECHANIC FALL PROJECTS

New tractor projects have started rolling into the Nevada High School agriculture mechanics lab.

Steve Long of Humboldt delivered a John Deere 3010 for his granddaughter Kennedy to work on. The tractor belonged to Steve's father, the late Ken Long of Lake View. Kennedy came in over Labor Day and steam cleaned the 3020 with Mr. Cooper, and started making repair appraisals.

The family of Dave Norris of Ames donated a Farmall Super M to Nevada FFA that will be worked on.

ALMACO in Nevada donated a German Hege 160 combine powered by a Volkswagen diesel engine.

The family of the late Dave Hobbs donated a John Deere 3020 with a full three point.

A recent inventory lists 41 tractors, skid loaders, boats, riding mowers, and various implements that need repairs and rebuilding. NHS FFA & Ag Mech students have their work cut out for them!

REMINDER TO UPDATE CONTACT INFORMATION

Warm weather will soon be gone and with cooler temps inevitably comes winter weather.

Please log into the PowerSchool Parent Portal (https://nevada. powerschool.com/public) and verify that your contact information is correct - especially your email address and phone number. That's where emergency notifications, including weather alerts, are sent.

KIDS CLINIC OFFERS SAME-DAY APPOINTMENTS

If your child wakes up not feeling well, don't wait all day for an appointment. Story Medical's Kids Clinic in Nevada offers same-day appointments for infants to children up to 18 years old between 8 and 9 a.m. Monday through Friday.

Please call 515-382-5413 to make an appointment.



Knowing When to When to Take Your Child to the ER Story Medical Emergency physician shares insight on what is urgent and what can wait

One of the most challenging aspects of being a new parent is determining what level of care your sick child needs and when.

"Not everything is an emergency, even though it may feel like it to a new parent," says Dr. Curtis O'Loughlin of Story Medical's Emergency Department. "Things like a low-grade fever, runny nose, or rash don't require an ER visit, but they are conditions that should be seen in your primary care or pediatric provider's office the same or next day."

Dr. O'Loughlin says the following conditions require emergency care:

- If your child is having difficulty breathing for any reason, you should get to the emergency department right away. An infant that is flaring the nostrils to breathe or is moving the chest up and down rapidly should be taken to the emergency department. If your child has any color change to grey or blue you should call 911.
- Convulsions need to be taken seriously and should trigger a trip to the nearest emergency department.
- Injury to the head or broken bones should be seen in the emergency department.
- Any uncontrolled bleeding should be seen right away in the emergency department or you should call 911.
- If your child won't wake up or is comatose take him/her to the emergency department or call 911.
- Any severe stomach pain should be treated in the emergency department.
- An infant (less than 3 months) with a temperature of 100.4 degrees or higher should be seen in the emergency department.
- A child who is not urinating needs to be seen in the emergency department.
- In case of a child ingesting or being exposed to a poison substance, call the poison hotline at 800-222-1222 and follow the instructions provided.

When in doubt, you are encouraged to call Story Medical Clinic at 515-382-5413 during regular business hours. After hours, call First Nurse at 515-239-6877.

Illnesses on the Rise With Back-to-School

Along with back-to-school (and daycare), our providers have been seeing an increase in young patients with coughs, congestion and sore throat in recent weeks. After a couple unusual years with COVID, the pattern this year feels more normal.

While coronavirus is still an issue, not every respiratory illness is a result of COVID-19. When it comes to school-aged children with cold symptoms, they don't typically need to see a provider unless they are very sick.

For those three months or younger, we recommend you call your provider at the first sign of illness as it can be difficult to tell when babies are very sick. For children older than three months, we recommend you call your primary care provider if:

- Your child is breathing fast or having any trouble breathing.
- Mucus in the nasal passages lasts longer than 10 days.
- A cough lasts more than a week.
- They have ear pain.
- A persistent fever greater than 100.4 degrees.

KIDS CLINIC OFFERS SAME-DAY APPOINTMENTS

At Story Medical Clinics in Nevada and Maxwell, pediatric care is a priority. If your child wakes up not feeling well, you don't have to wait all day for an appointment.

Story Medical's Kids Clinic is available at both our Nevada and Maxwell locations, offering same-day appointments for children 6 months to 18 years old between 8 a.m. and 9 a.m. Monday through Friday. Call 515-382-5413 for an appointment.

If you have a child younger than 6 months, we recommend you schedule with your primary care provider.

Watch for Info on Flu Shots

Fall traditionally marks the start of flu season, which makes it the perfect time to get your flu shot.

For millions of people every season, the flu can mean a fever, cough, sore throat, runny or stuffy nose, muscle aches, fatigue, and miserable days spent in bed. However, flu also causes hundreds of thousands of hospitalizations, and thousands or sometimes tens of thousands of deaths. The flu vaccine has proven effective in limiting the risk of serious complications.

We anticipate receiving our allotment of the vaccine soon. Please watch Story Medical's social media channels in the days to come for details on our walk in flu shot clinics!

Work at Story Medical

We are always recruiting at Story Medical and currently have a number of clinical and non-clinical positions open. Learn more about what is available and apply online at storymedical.org/careers.

News & Notes DERMATOLOGY CARE OFFERED AT

DERMATOLOGY CARE OFFERED AT STORY MEDICAL IN NEVADA

Dermatology specialist Rosa Stocker, ARNP, sees patients in the Story Medical Outpatient Clinic, providing diagnostic services and comprehensive care for a variety of skin conditions,



including acne, allergies, eczema, hair and pigmentation problems, moles, psoriasis, rashes, skin cancer, shingles and more.

"I have many years of experience in the diagnosis and treatment of skin cancers, precancerous lesions, and multiple other skin disorders," says Stocker, who has specialized in Dermatology since 2011. "I believe in building relationships with my patients through strong communication, and I am passionate about my patients' individual concerns."

Stocker also provides skin biopsies, skin rejuvenation procedures, and community education on the early detection of skin cancer. To schedule, please call Dermatology Central Iowa at (515) 207-9358 and ask to be seen at Story Medical.

21 ST CENTURY REHAB OFFERING FREE EXAMS OCTOBER 3-7

If you have pain with daily activities, tightness, or trouble moving, our partners at 21st Century Rehab are offering free exams October 3 through 7 at their location on the Story Medical South Campus.

The 30-minute exam will be conducted by one of 21st Century Rehab's joint and muscle pain experts. The exam can help to identify strategies to address a variety of conditions. To request a free exam, please call 21st Century Rehab at 515-382-7008.





The Story County Treasurer's Office can no longer accept or provide paper personalized license plate orders. The DOT has changed the process to order personalized plates. All personalized plate orders must now go through the DOT online portal. Customers must visit https://iowadot.gov/mvd/ personalizedplates/home.aspx

News and Notes

NOV. 8 GENERAL ELECTION IMPORTANT DATES

• Wednesday, Oct. 19 — First Day of absentee voting

• **Monday, Oct. 24** — Voter pre-registration deadline; deadline to request a mailed Absentee Ballot

• **Saturday, Nov. 5** — Auditor's Office will be open for absentee voting

• Monday, Nov. 7 — Last day to vote absentee in-person

• **Tuesday, Nov. 8** — Election Day, polls open 7 a.m.-8 p.m.; voted absentee ballots must be in the Auditor's Office by 8 p.m. in order to be counted

NEW SUBDIVISION SITE

Story County Recorder Stacie Herridge announces a new resource for those wishing to view and print subdivision plats. A site has been created by Story County GIS Coordinator Matt Boeck with assistance from the Story County Recorder's office staff. This site includes all subdivision plats that have previously been unavailable on Iowa Land Records due to age or the size of the plat.

This site can be accessed at https://apps.storycounty.com/subdivision-

search/. Subdivisions can be selected from the map or by searching the subdivision name.

If you have any questions, please stop into the Recorder's Office in Nevada or phone 515-382-7230.

PLAN AHEAD ON PASSPORTS

In anticipation of international travel for the holidays, the Story County Recorder's office encourages you to plan ahead and apply for your passport now. Applying during the off-peak months (August through December) can help ensure that an application is processed well within the 8-to-11-week service commitment for routine requests, thus avoiding the extra \$60 fee for expedited processing.

Passport applications are accepted at the Recorder's Office in Nevada Monday-Friday from 8 a.m.- 3:30 p.m. by appointment only. You can make an appointment at https:// login.nowaitinside.com/booking/ jP80ugT5qLj24ACZjwL8TZpd.

Passport forms, passport fees, and a list of required materials can be found at the Department of State's official website, travel.state.gov, and are available in the Recorder's Office.

HEALTHIEST STATE WALK

Join Story County and the City of Nevada on Oct. 5 and participate in the 12th Annual Healthiest State Walk. At any time during that day, we encourage you to join your fellow Nevada residents along with thousands of other lowans statewide and walk for 30 minutes.

The event's theme "Walk More. Connect More." encourages participants to re-connect while they walk. Now more than ever we know how important staying connected with friends, family, and coworkers can be. Our participation in the Healthiest State Walk shows our devotion to keeping those connections strong and remaining healthy. The Healthiest State is encouraging lowans to participate on social media with the hashtags #WalkMoreConnectMore and #HSIWalk2022 during the Annual Walk.



COMMUNITY



Cet 'Skull'tacularly Creative

Enter our Downtown Trick or Treat Sugar Skull Contest, and create a sugar-skull inspired piece of art. It can be a sculpture, a drawing, a poster, a decorated pumpkin...whatever you can dream up! Bring your Sugar Skull art to the Main Street office, 1015 6th Street, by 6 p.m. during Downtown Trick or Treat to be judged on color and creativity!







Also take part in these fun contests: • Best Family Costume • Best Pet Costume

DOWNTOWN TRICK OR TREAT FRIDAY, OCTOBER 28, 5:30-7:30 P.M.

Follow MAINSTNEVADA on Facebook for more details!





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Calendar of Events

COFFEE WITH THE CANDIDATES

Oct. 1, 8, 15, & 22 9 a.m.

Copper Spaces (1026 6th St.) Meet the candidates running for local, state and federal election.

NCSD SCHOOL BOARD

Oct. 3 and 17, 6:30 p.m. Gates Memorial Hall Auditorium

STORY COUNTY BOARD OF HEALTH

Oct. 4, 2 p.m. Story Co. Admin. Bldg., Nevada

STORY COUNTY P&Z Oct. 5, 4 p.m. Story Co. Admin. Bldg., Nevada

STORY MEDICAL BD OF TRUSTEES Oct. 6, 11:30 a.m.

Story Medical Center

FRIENDS OF LIBRARY BOOK SALE Oct. 7, 11 a.m.-2 p.m. Oct. 8, 10 a.m.-2 p.m. Nevada Public Library

COMMUNITY COFFEE

Oct. 8, 9-10 a.m. FarmGrounds Visit informally with City leaders.

HISTORY HUSTLE Oct. 9

Starts and ends at **Evergreen Lane** Check in at noon, Race at 1 p.m. Hosted by Runners United Nevada

STORY COUNTY CONSERVATION BOARD

Oct. 10, 5:30 p.m. Conservation Center, 56461 180th St., Ames

SENIOR CENTER POTLUCK

Oct. 10, 11:30 a.m. Senior Center (by City Hall) Bring a dish to share. Program will begin around 12:15.

CITY COUNCIL Oct. 10 & 24, 6 p.m. Citv Hall

FALL SHOP HOP

Oct. 15, 10 a.m.-4 p.m. Main Street Nevada District

WEST INDIAN CREEK **CLEANUP**

Oct. 22, 12-3 p.m. Residents can help clean up West Indian Creek in Nevada. Organized by Prairie Rivers of Iowa. Register in advance with Dan Haug: 515-232-0048 or email: dhaug@prrcd.org. Watch for more details at www.prrcd.org/events

AMERICAN LEGION MEAL

Oct. 14, 5-7 p.m.

American Legion Post Fish Fry or Grilled Pork Steak.

DOWNTOWN TRICK OR TREAT

Oct. 28, 5:30-7:30 p.m. Nevada's Main Street District

AMERICAN LEGION AUXILIARY MEAL

Oct. 28, 5-7 p.m. **American Legion Post** Windsor Chops, scalloped potatoes, peas & carrots.

CITY-WIDE TRICK OR TREAT

Oct. 31, 6-8 p.m. Only at residences with the porch light on!

OTHER

EVENTS LEGEND: STORY COUNTY

STORY MEDICAL CITY OF NEVADA

MAIN STREET NEVADA