

# LUNCH SPECIALS

(calories listed in parentheses)

JAN. 13 - JAN. 17

## LIMITED TIME OFFER

Apple & Brie Panini (453)

Granny Smith apple slices, creamy Brie, arugula, and honey mustard pressed on panini bread (\$4.00)

## MONDAY (1/13)

Ropa Vieja (139) + White Rice (117) + Roasted Carrots (189)

## TUESDAY (1/14)

Turkey Chili (316) + Baked Potato (122) + Green Beans (28)

## WEDNESDAY (1/15)

Lemon Garlic Chicken (132) + Lentil Rice Pilaf (80) + Broccoli (288)

## THURSDAY (1/16)

Crispy Breaded Pork Cutlet (295) + Baked Mac & Cheese (497) + Brussel Sprouts (42)

## FRIDAY (1/17)

Lemon Herb Tilapia (163) + Rice Pilaf (151) + Peas (96)

