

A Publication of the Story Medical Foundation

Inspired

2018

Active Aging

Alma O'Donnell Remains Fit with the Help of Story Medical's MOG.

StoryCounty
Medical
CENTER 

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New Providers Join Medical Staff

In our continued effort to provide a diverse range of healthcare services close to home, we have added a number of new medical staff members in recent months.

TIMOTHY LEEDS, MD

Dr. Leeds, who practiced in central Iowa for more than two decades before moving to Texas, recently returned to Iowa to join our Nevada Clinic - and he brought his trademark red sneakers with him. Dr. Leeds offers an array of clinical and surgical services for women.



Timothy Leeds, MD
Story Medical Clinic - Nevada

CURTIS O'LOUGHLIN, MD

Dr. O'Loughlin joined our medical staff in November and provides care in the Emergency Department. He is Board Certified by the American Board of Family Medicine.



Curtis O'Loughlin, MD
Story Medical Emergency

MATTHEW HILL, DO

Dr. Hill is affiliated with the John Stoddard Cancer Center in Des Moines and is a member of the American Society of Clinical Oncology, the American College of Physicians and the Iowa Oncology Research Association. He cares for cancer patients from the Story Medical Outpatient Clinic.



Matthew Hill, DO
Hematology/Oncology

AUDRA POTERUCHA, DO

Dr. Poterucha grew up in Nevada and will join our Nevada Clinic staff in the summer. She did her medical school training in Family Medicine at Des Moines University and is currently a Resident Physician at Broadlawns Medical Center in Des Moines.



Audra Poterucha, DO
Story Medical Clinic - Nevada

SHERMAN JEW, DO and KJ BALIGNASAY, ARNP

See the article at right to learn more about the providers of our new Occupational Health & Safety department. KJ joined us in September and Dr. Jew will join us in February.



Partnering with Employers to Provide Complete Care

In October, we launched our new Occupational Health and Safety service, offering area employers a partner in providing health and wellness programming to their employees.

The new service is currently led by KJ Balignasay, ARNP. Dr. Sherman Jew will join the department as Medical Director in February 2019.

Both Dr. Jew and KJ have extensive experience working with businesses. Each brings a deep understanding of the administrative needs of employers, adjusters, and case managers.

Dr. Jew and KJ are supported by Occupational Health Nurse Michelle Stapp, RN, and Occupational Health Account Representative Kirsten Harmon.

We partner with 21st Century Rehab to provide physical therapy and rehabilitation services.

"The business community has made it clear that this is a service that is valued and needed in this region," says CEO Nate Thompson. "We are excited to have assembled a team that will have a meaningful impact on how employers provide a wide array of health and wellness services to their employees."

'By partnering with Story Medical," Nate continues, "businesses in our region will not only have an impact on the well-being of their workers, but on their bottom line."



Sherman Jew, DO
Story Medical Occupational Health & Safety



KJ Balignasay, ARNP
Story Medical Occupational Health & Safety

To see all our providers, visit us at StoryMedical.org/Providers

To learn more about Story Medical Occupational Health & Safety, visit StoryMedical.org/OccHealth



Medically Oriented Gym Promotes Active Aging

"It's been a pleasure—not work, but a pleasure—for me to come to this exercise program and be around these people."

— Alma O'Donnell, 98, MOG Member

Steve Van Dam, Coordinator of Story Medical's Medically Oriented Gym (MOG), is often asked "How old is too old to exercise?" His answer is quick: "No one is too old." And for those who give him some push-back, he simply points across the gym to Alma O'Donnell.

Alma, who will turn 99-years-old in April 2019, has been a regular in Story Medical exercise classes since she was the tender age of 80. Full of energy and a quick wit, Alma attributes her active lifestyle to her work in the gym.

"There is very little I can tell you is wrong with me," Alma says. "And I know that exercising several times a week is why."

Alma attends morning workouts in the MOG on a regular basis. The MOG provides medically-supervised exercise sessions for those recovering from an injury or illness or those who require a more structured workout. Steve says Alma is remarkable.

"She inspires me," he says. "It's awesome to see someone that

age still able to do what she does both physically and mentally."

Prior to joining the MOG, which Story Medical rolled out in Spring 2018, Alma participated in a number of other Story Medical fitness offerings. She says the atmosphere is one of encouragement and acceptance.

"When I was doing weights, I really enjoyed that," she says. "And it was a group of younger people and that was really exciting for an older lady like me. They treated me so well. We've really got a good group of people here."

Alma's exercise routine, combined with the loving companionship of her dog at home, have her feeling on top of the world as she moves closer to her centennial birthday.

"I feel I'm very, very lucky to still be able to do this," she says. "It's been a pleasure—not work, but a pleasure—for me to come to this exercise program and be around these people."

Foundation Update



Work Continues in the Foundation

As we draw to the close of another year, there is plenty to be proud of in the Story Medical Foundation. We have continued to work toward completing our pledge toward the new addition at our South Campus, awarded scholarships to a pair of students from local high schools pursuing healthcare careers, and continued to serve as the giving channel for those who appreciate the quality care Story Medical provides daily.

In the coming year, these are the projects the Story Medical Foundation is focused on:

SOUTH ADDITION PLEDGE

At the end of 2018, we closed our pledge toward the addition to our South Campus. It was the largest capital campaign we have ever launched and we will unveil a new display at the Medical Center this spring recognizing our generous donors. Thank you to all who contributed!

TECHNOLOGY UPGRADES

To ensure our patients have access to advanced care close to home, we are planning to add some new services in the new year. We are working with Story Medical staff to identify the technology necessary to support these services and serve our community. Donors will play a vital role in the acquisition of this equipment.

FACILITY IMPROVEMENTS

With the addition of medical oncology services during 2018, it has become a priority to renovate space for a new Infusion Therapy suite. Additionally, we have prioritized renovating facilities for our new Occupational Health & Safety department.

Both of these services have been added in response to feedback from our community and we will work with donors to gather private support to make these service enhancements a reality.

To learn more about opportunities to support the Story Medical Foundation, call us at (515) 382-7711.

For information on the Story Medical MOG, visit StoryMedical.org/MOG



Committed to Community

As a native of Nevada, Marcia Handsaker has always appreciated having Story Medical in the neighborhood. She had all three of her children at the hospital, and in recent years, her mother and husband received compassionate care at both the Medical Center and Senior Care.

So, when she was asked to serve on the Story Medical Foundation steering committee for the campaign to support construction of the South Campus, she jumped right in. More than a decade later, she continues to serve the Foundation Board and says supporting the Medical Center is as vital now as it was when the new campus was just a dream.

"We are fortunate to have the choice to come to Story Medical for care," Marcia says. "The system would be overloaded if we only had one option. Having care available locally is better for patients and it is better for the family."

Marcia also cites the compassionate care delivered, and the convenience of receiving care close to home, as factors that improve quality of life in the communities served by Story Medical.

"I hope the Medical Center continues to grow and more people have the opportunity to see what Story Medical is about," she says. "Once you experience care here, you fully understand what an asset it is to our community."

To learn more about making a tax-deductible gift to the Story Medical Foundation, call Loni Pringnitz at (515) 382-7711



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COMPREHENSIVE CARE, CLOSE TO HOME

STORY COUNTY MEDICAL CENTER

640 South 19th Street
Nevada, Iowa 50201
(515) 382-2111

STORY MEDICAL CLINIC - NEVADA

640 South 19th Street, Ste. 100
Nevada, Iowa 50201
(515) 382-5413

STORY MEDICAL CLINIC - MAXWELL

403 First Street
Maxwell, Iowa 50161
(515) 387-8815

STORY MEDICAL CLINIC - AMES

Natural Health
431 South Duff Avenue, Ste. B
Ames, Iowa 50010
(515) 232-2979

IN THIS ISSUE

NEW PROVIDERS

We have added a number of new medical staff members in recent months.

PARTNERING

WITH EMPLOYERS

Our new Occupational Health & Safety department is partnering with employers to impact employee health.

FOUNDATION

PRIORITIES

The Foundation is looking forward to big things in 2019.

640 S. 19th Street
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