

Sponsors

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21st Century Rehab, PC
Jonathan & Kathleen Wendel
Skinner & Associates
Stephenson Dental

Silver Sponsors

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When Farm PCVet Service

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Anderson Erickson
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Nevada Veterinary Clinic
Weir's Insurance

A portion of the proceeds from the race will assist in the purchase of an Automated External Defibrillator (AED) for SCORE Recreation Athletic Complex. An AED is a very accurate, easy-to-use piece of equipment that can save the life of a person in cardiac arrest.

Ages / Awards

5K RUN

Overall male and female finishers will receive a \$50 gift certificate to Fitness Sports in Des Moines.
Unique, one-of-a-kind awards will be presented to the 1st male and 1st female in each age division.
Beat the Street medals will be awarded to 2nd & 3rd place finishers in each age division.

2 MILE WALK

Ribbons awarded to all finishers.

NON-COMPETITIVE KIDS FUN RUN

Ribbons awarded to all kids run participants.

HANDMADE AWARDS

Not your typical winner's trophy - 1st place finishers in each age division will receive unique, handmade awards. The awards are custom designed ceramic bowls made especially for Beat the Street winners by Mark Beauchene and Nevada High School's art students.

CORPORATE TROPHY

Story Medical Beat the Street corporate trophy will be awarded to the company with the most registered participants.

Age Divisions

14 & under	35-39	60-64
15-19	40-44	65-74
20-24	45-49	75-80
25-29	50-54	80 & over
30-34	55-59	

Registration

NAME _____ PHONE _____

ADDRESS _____

CITY _____

STATE _____ ZIP CODE _____ CORPORATE NAME _____

AGE ON 05/01/2010 _____ D.O.B. _____ CHECK ONE M F

(Check One) 5K Run _____ Kids Run _____ Entry Fee: \$ _____

T-SHIRT SIZE S _____ M _____ L _____ XL _____ XXL (2.00 extra) _____

Mail Check and entry form to: Beat the Street, Race Director, 630 6th Street, Nevada, IA 50201

Waiver/ release of information:

In consideration of acceptance of my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, waive and release any and all rights and claims for damages I may accrue against this event, all sponsors, representatives, supporters and officials associated with the Beat the Street Walk/Run and assigns for any and all injuries by me in this event. I agree to all the rules and regulations of this event. I also grant full permission to use my name and/or picture in any media coverage, or any other record of this event for any purpose.

SIGNATURE _____ DATE _____

Race Details

May 1, 2010

**STORY COUNTY
MEDICAL CENTER**

BEAT THE STREET

**5K RUN / 2 MILE WALK
KIDS FUN RUN**

Races Start & Finish at
Story County Medical Center
South Campus
640 South 19th Street
Nevada, Iowa

5K Run & 2 Mile Walk
\$20 adult/\$8 kid entry fee
if postmarked by April 26th;
\$22/\$10 if postmarked
after April 26th or on race day

Race Day registration available
from 7:00 A.M. - 7:45 A.M.
5K Run/2 Mile Walk begin at 8:00 A.M.
Kids Fun Run at 9:00 A.M.

Complete the attached form and
mail with entry fee to:
Beat the Street Race Director
630 Sixth Street
Nevada, Iowa 50201

A race shirt will be given to all participants.
Post Run/Walk beverages and food await
all finishers.

“Advice from the Professionals”
21st Century Rehab professionals will be on hand
to answer any sport injury questions and licensed
massage therapist, Susan Stone, will provide free
massages to all participants.

QUESTIONS

Contact Race Director
Nancy Willert
nwillert@storymedical.org
(515) 382-7115



www.storymedical.org

**StoryCounty
Medical**
C E N T E R

WELLNESS & CARDIAC
REHABILITATION